

**Potomac Region Medical Associates**

14300 Gallant Fox Lane  
 Bowie, Maryland 20715  
 (301) 805-4348

1600K Crystal Square Arcade  
 Arlington, Virginia 22202  
 (703) 418-1870

**AUTHORIZATION TO RELEASE  
 PROTECTED HEALTH INFORMATION**

- All required areas must be completed or this release will be considered invalid.
- Please fill out all sections and
- Please specify the type of health information to be forwarded

**PART 1. PATIENT INFORMATION:**

Patient Name:		Date of Birth:
Social security number:	Day time phone:	Home phone number:
Address: (Street, City, State, Zip code)		

**PART 2. DESTINATION OF RECORDS:**

I HEREBY AUTHORIZE (provider/facility)\_\_\_\_\_ to release medical records information concerning the above patient to:

Recipients Name: <b>POTOMAC REGION MEDICAL ASSOCIATES</b>	Recipients Phone Number: <b>(703) 418-1870</b>	Fax: <b>(703) 418-0283</b>
Recipients Address: (Street, City, State, Zip Code) <b>1600k Crystal Square Arcade Arlington, Virginia 22202</b>		

**Part 3. PURPOSE OF RELEASE:** Fees are applicable if the nature of the request is for other than the patient's continuation of care.

**This Authorization to Release Protected Health Information shall expire (12) twelve months after date of signature.**

Purpose of Request:    ( ) Continuation of care            ( ) Personal Use            ( ) Work/Employment  
                                  ( ) Legal                                    ( ) Other \_\_\_\_\_

**Part 4. TYPE OF RECORD BEING REQUESTED**

Please note: request normally take 15 business days for processing:

( ) Copies of records of the last (2) two years    ( ) Pharmacy profile  
 ( ) Copies of records covering dates from \_\_\_\_\_ to \_\_\_\_\_    ( ) Radiology results (specify) \_\_\_\_\_  
 ( ) Laboratory Results (Dates) \_\_\_\_\_

I authorize the release of photocopies of the following medical record and/or diagnostic radiology results in the possession or control of Fit for Life Medical Center Inc. For the purposes hereof, "Medical records" and radiology results shall include:

- Confidential HIV-Related Information
- Confidential Communicable Disease-Related Information
- Confidential Alcohol or drug abuse treatment information
- Confidential Psychotherapy notes
- Confidential genetic testing results

PATIENT SIGNATURE: (Authorization is valid for (12) twelve months)	DATE:
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PARENT/GUARDIAN/POWER OF ATTORNEY:	RELATIONSHIP TO PATIENT	WITNESS:	DATE:
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